# **Supporting Information**

## A nanoencapsulated Ir(III)-phthalocyanine conjugate as a promising photodynamic therapy anticancer agent

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## 1. Synthetic procedures

## **1.1. Synthesis of Ir(III)-phthalocyanine conjugate (Ir-ZnPc)**



Figure S1. <sup>1</sup>H NMR spectrum of Ir-ZnPc in DMSO-*d*<sub>6</sub>.



**Figure S2.** A) Comparison of the <sup>1</sup>H NMR spectra of **Ir-ZnPc** with those of the reference compounds (**Ir-COOH** and **ZnPc**) in DMSO-*d*<sub>6</sub>. B) COSY spectrum of **Ir-ZnPc** in DMSO-*d*<sub>6</sub>.



Figure S3. HR-MALDI-TOF MS of Ir-ZnPc conjugate.

# **1.2.** Synthesis of ZnPc- and Ir-ZnPc-loaded redox responsive amphoteric NCs (ZnPc-NCs and Ir-ZnPc-NCs)

Compound	Amount	Equivalents or mols
IPDI	69.7 mg	0.63 meq
ZnPc or Ir-ZnPc6.8 mg ZnPc or 6.9 mg Ir- ZnPc7.73 µmol ZnPZnPcµmol Ir-ZnPc		7.73 μmol ZnPc or 4.09 μmol Ir-ZnPc
Neobee 1053 (GTCC)	26.3 mg	56.61 µmol
Polymer (P1)	812.5 mg	0.09 meq
Dry THF	1 mL	_
L-lysine	20.9 mg	0.25 meq
Milli-Q water	5.93 g	_
DETA	7.8 mg	0.23 meq

Table S1. Amount of reagents used to prepare ZnPc-NCs and Ir-ZnPc-NCs.

#### 2. Characterization of prepolymer P1, ZnPc-NCs and Ir-ZnPc-NCs.

#### 2.1. Infrared Spectroscopy

The polymerization reaction for the synthesis of prepolymer P1 as well as for the nanoencapsulation process were monitored by IR spectroscopy by taking advantage of the very clear and characteristic stretching band of the NCO group at 2280-2230 cm<sup>-1</sup>. On the one hand, consecutive IR spectra for P1 synthesis are represented in Figure S1, in which the green line corresponds to the first sample recorded at the beginning of the reaction, the red line corresponds to the end of the first step, and blue line represents the spectrum once the reaction between NCO groups and the diamine was completed. As shown in Figure S1, the NCO asymmetric stretching band at 2252 cm<sup>-1</sup> was very sharp and intense at the beginning of the reaction (green line). However, the intensity of this band decreased significantly at the end of the first step which involved the reaction between the diols and the diisocyanate (red line). Meanwhile, the intensities of the CO stretching band at 1719 cm<sup>-1</sup>, the CN stretching band at 1537 cm<sup>-1</sup>, the NCOO/COC asymmetric stretching band at 1240 cm<sup>-1</sup> increased. Overall, the IR spectra registered during the first step of the synthesis confirmed polyurethane bond formation along with NCO consumption. Once the diamine was added, during the second step of the polymer synthesis (blue line), the NCO stretching band at 2252 cm<sup>-1</sup> disappeared instantaneously, which was explained by the high reactivity of the amines. Simultaneously, other characteristic bands appeared or changed, such as a new stretching band at 1634 cm<sup>-1</sup>, which was associated to the carbonyl of urea bonds and a new wagging band at 908 cm<sup>-1</sup> corresponding to the free secondary amine, which also confirmed polyurea formation.



Figure S4. Consecutive IR spectra recorded during the synthesis of P1.

On the other hand, Figure S2 shows the consecutive IR spectra during the synthesis of **Ir-ZnPc-NCs**, where the cyan line represents the sample 30 min after mixing the P1 prepolymer with the cargo and the diisocyanate. This initial step was the reactivation of the polymer and its conversion to an NCO-reactive entity. The green line corresponds to the step in which L-lysine sodium salt was added and reacted with the activated polymer. A decrease on the intensity of the NCO stretching band at 2255 cm<sup>-1</sup>, concomitantly with an increase of the carbonyl and C-N stretching bands, confirmed urea bond formation (1642 cm<sup>-1</sup> and 1532 cm<sup>-1</sup>, respectively). Finally, the red line corresponds to the complete crosslinking of NCO-groups after addition of the triamine, which caused the instantaneous disappearance of the NCO stretching band and an increase of the intensity of the urea-associated bands because of the rapid reaction between remaining NCO groups and the polyamine.



Figure S5. Consecutive IR spectra recorded during the encapsulation process of Ir-ZnPc.

## 2.2. NCs concentration, ZnPc and Ir-ZnPc loading and encapsulation efficiency

The concentration of NCs in the final emulsions (mg/mL) was quantified with a solids concentrator. Cargo loading (DL) and Encapsulation Efficiency (EE) were determined by ICP-MS analysis. The DL and EE parameters for NC-GTCC, ZnPc-NCs and Ir-ZnPc-NCs are indicated in Table S2.

	[NCs]	PS Loading	Encapsulation Efficiency	
	(mg/mL)	(DL, µM)	(EE, %)	
NC-GTCC	$42.9\pm1.6$	-	-	
ZnPc-NCs	$30.2 \pm 0.1$	$621.7\pm93.0~\mu M$	64.3 %	
Ir-ZnPc-NCs	$62.4 \pm 1.1$	$256.5\pm20.5~\mu M$	50.2%	

Table S2. DL and EE parameters for ZnPc- and Ir-ZnPc-loaded NCs.

## 2.3. Average size of NCs

The particle size distribution of the NCs was measured by dynamic light scattering (DLS). The experimental values and the number average are displayed in Table S3 and the size distribution by number of the NCs is graphically displayed in Figures S6 and S7.

<b>Table S3.</b> Hydro	dynamic diameter a	verage of <b>ZnPc</b> - and	<b>Ir-ZnPc</b> -loaded NCs.
•	•	e	

Compound	Experimental values (nm)	Average ± SD (nm)
	12.29	
ZnPc-NCs	11.74	$11.4 \pm 1.1$
	10.19	
	13.44	
Ir-ZnPc NCs	16.50	$15.2 \pm 1.6$
	15.55	



Figure S6. Average size of ZnPc-NCs.



Figure S7. Average size of Ir-ZnPc-NCs.

## 2.4. Transmission electron microscopy (TEM)



Figure S8. TEM micrographs of ZnPc-NCs and Ir-ZnPc-NCs.

## 2.5. Z-potential of ZnPc-NCs and Ir-ZnPc-NCs

As shown in Figures S9 and S10, the Z-potential values (surface charge) of the NCs were determined at different pH values as described in Materials and methods section. Results of Z-potential analyses have been summarized in Table S4.



Figure S9. Z-potential values of ZnPc-NCs vs pH.



Figure S10. Z-potential values of Ir-ZnPc-NCs vs pH.

Table S4. Z-potential values (mV) of the samples against pH variation.

Samuela	Z-Pot ± SD	Z-Pot ± SD	Z-Pot ± SD	Z-Pot ± SD	Z-Pot ± SD
Sample	pH=6.0	pH=6.5	pH=7.0	pH=7.5	pH=8.0
ZnPc-NCs	$10.5\pm0.5$	8.7 ± 1.0	3.4 ± 0.6	$-3.4 \pm 0.4$	$-7.7 \pm 0.3$
Ir-ZnPc-NCs	$13.5 \pm 3.6$	9.1 ± 1.5	$7.2 \pm 0.7$	$5.7 \pm 0.5$	0.7 ± 0.3

## 3. Photophysical characterization of the compounds



**Figure S11**. A) UV-visible and B) normalized emission spectra ( $\lambda_{exc} = 620$  nm) of iridium complex (**Ir**), Zn phthalocyanine (**ZnPc**) and the conjugate (**Ir-ZnPc**) in aerated solutions of DMSO and CH<sub>2</sub>Cl<sub>2</sub>.



Figure S12. Normalized emission spectra of the Ir(III) complex (Ir) in aerated solutions.  $\lambda_{exc}$  = 405 nm.



**Figure S13**. Normalized emission spectra of iridium compound (**Ir**) and conjugate (**Ir-ZnPc**) at  $\lambda_{exc} = 370$  nm.



Figure S14. Normalized luminescence decay curves of ZnPc and Ir-ZnPc.



Figure S15. Photostability at 630 nm (89 mW/cm<sup>2</sup>) in DMSO/H<sub>2</sub>O (80:20) of Ir, ZnPc and Ir-ZnPc.



Figure S16. Photostability at 630 nm (89 mW/cm<sup>2</sup>) of ZnPc-NCs and Ir-ZnPc-NCs in water.



**Figure S17**. Values of the decrease in the absorbance of the compounds at 678 nm after irradiation at 630 nm ( $89 \text{ mW/cm}^2$ ) for 1 h. Data was taken from Figures S15 and S16.

## 4.- Singlet oxygen measurements

Compound	$\Phi_\Delta$
ZnPc	0.61
Ir-ZnPc	0.65
ZnPc-NCs	0.54
Ir-ZnPc-NCs	0.58

**Table S5.** Singlet oxygen quantum yield of the investigated compounds.





**Figure S18**. Changes in the absorption spectra of DPBF resulting from the irradiation with red LED light in the presence of **Ir-ZnPc** conjugate, either free (top) or encapsulated (bottom).



**Figure S19**. Changes in the absorption spectra of DPBF resulting from the irradiation with red LED light in the presence of **ZnPc**, either free (top) or encapsulated (bottom).



**Figure S20.** Plot of the changes in the absorbance  $(A_0-A_t)$  of DPBF at 411 nm against irradiation time in the presence of the standard sensitizer methylene blue and the investigated compounds, **ZnPc** and **Ir-ZnPc**, either free or encapsulated.

#### 5.- Superoxide and hydroxyl radical measurements



**Figure S21.** Photogeneration of superoxide by **ZnPc** and **Ir-ZnPc**. Increase of the fluorescence spectra emission of DHR123 upon photoirradiation of **ZnPc**, **Ir-ZnPc** and methylene blue (**MB**) or without any compound (DHR 123) at 620 nm in PBS (0.2 % DMSO). DHR123 was excited at 500 nm.



**Figure S22.** Photogeneration of superoxide by **ZnPc** and **Ir-ZnPc**. Increase of the fluorescence spectra emission of HPF upon photoirradiation of **ZnPc**, **Ir-ZnPc** and methylene blue (**MB**) or without any compound (HPF) at 620 nm in PBS (0.2 % DMSO). HPF was excited at 490 nm.

## 6. Confocal microscopy studies and lipophilicity



**Figure S23.** Colocalization studies with **ZnPc-NCs** and LysoTracker Green FM. Single confocal plane of HeLa cells incubated with **ZnPc-NCs** (10  $\mu$ M, red) and LTG (0.2  $\mu$ M, green). Left: merge of bright field, **ZnPc-NCs** and LTG staining; center: **ZnPc-NCs**' signal; right: LTG signal. White arrows point out **ZnPc-NCs**' vesicles colocalized with LysoTracker staining. Scale bar: 20  $\mu$ m

**Table S6.** Pearson and Manders (M1 and M2) colocalization coefficients extracted from the analysis of **ZnPc-NCs** images under red-light excitation.

Pearson	0.519
M1	0.677
M2	0.295

Table S7. Log *P* values of Ir, ZnPc and Ir-ZnPc in octanol/water.

Compound	log P
Ir	+2.07
ZnPc	+3.57
Ir-ZnPc	+4.00



**Figure S24.** UV-Vis spectra of **Ir** (left), **ZnPc** (middle) and **Ir-ZnPc** (right) used for log *P* determination. The spectra of the reserved aliquots ( $A_0$ ) are shown in dark blue dashed lines, whereas the spectra of the octanol phases of the O/W mixtures (*A*) are shown in light blue solid lines.

#### 7. Photobiological studies

## 7.1. Phototoxicity evaluation



**Figure S25**. Dose-response curves of **Ir**, **ZnPc** and **Ir-ZnPc** in HeLa cells under dark or after red light irradiation under normoxia (21% O<sub>2</sub>). Light irradiation condition: 630 nm, 1 h, 89 mW cm<sup>-2</sup>.



**Figure S26**. Dose-response curves for **ZnPc-NCs** and **Ir-ZnPc-NCs** in HeLa cells in the dark or after red light irradiation under normoxia (21%  $O_2$ ) and hypoxia (2%  $O_2$ ). Light irradiation condition: 630 nm, 1 h, 89 mW cm<sup>-2</sup>.

## 7.2 Photogeneration of ROS



**Figure S27.** The offset histogram overlay of ROS production in Hela cells co-treated for 1 h with the encapsulated compounds (2.5  $\mu$ M) and ROS scavengers NAC and NaN<sub>3</sub> followed by 1 h irradiation with red light.



**Figure S28.** ROS levels in HeLa cells upon irradiation treatments with 2.5  $\mu$ M of **ZnPc-NCs** and **Ir-ZnPc-NCs** (1 h in the dark, followed by 1 h red light irradiation) and then stained with DCFH-DA for 30 min at 37°C. Statistical significance indicated by \*p < 0.05, \*\*p < 0.01, and \*\*\*p < 0.001 using unpaired t-test. Data represented as mean ± SD (n = 2 replicates).

		Day 1	Day 4	Day 6	Day 10
DARK	Without NCs	•	•	•	
	Non-loaded NCs	•	•		0
	ZnPc-NCs	•	•		
	Ir-ZnPc-NCs	•	•		Ò
RED light irradiation	Without NCs		•	i i	
	Non-loaded NCs	•	•		
	ZnPc-NCs	•	•	Ö	
	Ir-ZnPc-NCs	•			.0

## 7.3 Assessment of photocytotoxicity in 3D multicellular spheroids

**Figure S29.** Alterations in MCTS relative diameter and volume observed over 10 days after treatment with 50  $\mu$ M of **ZnPc-NCs** and **Ir-ZnPc-NCs**, followed by 1-hour red light irradiation. The control was kept in dark conditions. Scale bar: 200  $\mu$ m.