Enhanced glucose-induced intracellular signaling promotes insulin hypersecretion: pancreatic beta-cell functional adaptations in a model of genetic obesity and prediabetes.

Running title: Increased beta-cell function in ob/ob mice

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1 ABSTRACT

Obesity is associated with insulin resistance and is known to be a risk factor for 2 3 type-2 diabetes. In obese individuals, pancreatic beta-cells try to compensate for the increased insulin demand in order to maintain euglycemia. Most studies have reported 4 5 that this adaptation is due to morphological changes. However, the involvement of beta-6 cell functional adaptations in this process needs to be clarified. For this purpose, we 7 evaluated different key steps in the glucose-stimulated insulin secretion (GSIS) in intact islets from female ob/ob obese mice and lean controls. Obese mice showed increased 8 body weight, insulin resistance, hyperinsulinemia, glucose intolerance and fed 9 hyperglycemia. Islets from ob/ob mice exhibited increased glucose-induced 10 11 mitochondrial activity, reflected by enhanced NAD(P)H production and mitochondrial membrane potential hyperpolarization. Perforated patch-clamp examination of beta-12 13 cells within intact islets revealed several alterations in the electrical activity such as 14 increased firing frequency and higher sensitivity to low glucose concentrations. A higher intracellular Ca^{2+} mobilization in response to glucose was also found in *ob/ob* 15 islets. Additionally, they displayed a change in the oscillatory pattern and Ca^{2+} signals 16 at low glucose levels. Capacitance experiments in intact islets revealed increased 17 exocytosis in individual ob/ob beta-cells. All these up-regulated processes led to 18 increased GSIS. In contrast, we found a lack of beta-cell Ca^{2+} signal coupling, which 19 could be a manifestation of early defects that lead to beta-cell malfunction in the 20 progression to diabetes. These findings indicate that beta-cells functional adaptations 21 22 are an important process in the compensatory response to obesity.

24

1. Introduction.

25 Obese individuals are at increased risk for type 2 diabetes. Hyperinsulinemia along with low insulin sensitivity are frequently observed in obesity (Kahn et al., 2006). 26 27 Although insulin resistance is present in most obese subjects, glucose intolerance and hyperglycemia are not necessarily found in these individuals. Indeed, compensatory 28 adaptations in the pancreatic β -cells usually allow for higher pancreatic insulin release 29 in order to maintain normoglycemic values (Kargar and Ktorza, 2008; Seino et al., 30 2011). However, when β -cell compensations fail to adapt to the increasing insulin 31 requirements imposed by insulin resistance, glucose tolerance becomes deteriorated in 32 obese individuals and, eventually, they can develop overt hyperglycemia and type-2 33 diabetes (Kahn et al., 2006). Several studies in animal models and humans have 34 reported that the enhanced plasma insulin levels observed in insulin-resistant states, like 35 36 in obesity, are likely related with increases in β -cell mass (Sachdeva and Stoffers, 2009; 37 Seino et al., 2011; Saisho et al., 2013). In contrast, other studies in non-diabetic obese 38 human subjects have shown that beta-cell mass was only moderately increased (Rahier 39 et al., 2008) compared with controls or that there were no differences (Kou et al., 2013). However, less importance has been attributed to the involvement of the β -cell function 40 in these compensatory responses (Hull et al., 2005). Consequently, changes in the β -cell 41 42 stimulus-secretion coupling remain poorly characterized in obesity (Kargar and Ktorza, 2008; Seino et al., 2011). 43

Recently, our group reported that β-cells from high fat diet-induced obese mice
display several functional adaptations. In this insulin-resistant state, β-cell
compensations led to insulin hypersecretion, maintaining normal glycemia and glucose
tolerance in obese mice (Gonzalez et al., 2013). However, in the progression from
normoglycemia to overt diabetes, insufficient β-cell compensation to insulin resistance

can result in a prediabetic condition characterized by impaired glucose tolerance and 49 moderate hyperglycemia (Weir and Bonner-Weir, 2004). In order to analyze this 50 prediabetic state, here we aimed to elucidate the functional changes in the β -cell 51 glucose-stimulated insulin secretion (GSIS) using a model of genetic obesity. The 52 leptin-deficient ob/ob mouse is characterized by marked obesity, insulin resistance, 53 glucose intolerance, moderate hyperglycemia and elevated plasma insulin levels, but 54 they do not develop overt type 2 diabetes (Coleman, 1978). Given that ob/ob mice have 55 larger islets of Langerhans (Bleisch et al., 1952; Gepts et al., 1960; Bock et al., 2003) 56 with a higher proportion of β -cells (Baetens et al., 1978; Gepts et al., 1960; Westman, 57 1968a; Westman, 1968b), they have been extensively used as a source of pancreatic 58 islets. Although numerous investigations have used ob/ob islets for β -cell studies 59 (Hellman, 1965; Hellman, 1970; Bergsten et al., 1994), a detailed analysis of the 60 61 potential functional adaptations in the different steps of the stimulus-secretion coupling is still lacking. Additionally, most data about the islet function comes from isolated β-62 63 cells (Ahmed and Grapengiesser, 2001; Grapengiesser et al., 1988), an experimental 64 model that can differ from the physiological scenario, as it has been reported using intact islets (Göpel et al., 1999; Göpel et al., 2000; Göpel et al., 2004). In the current 65 study, we show in intact pancreatic ob/ob islets that improved performance in the 66 67 majority of steps involved in GSIS would account for the high insulin secretion rate characteristic of hyperinsulinemic insulin-resistant conditions, like in obesity. 68 Additionally, the present findings further support the wide plasticity and crucial 69 adaptation of the β -cell secretory process in the compensatory responses of the 70 endocrine pancreas. 71

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74 2. Material and Methods

Animals. All protocols were approved by our Animal Ethics Committee 75 2.1. 76 according to national regulations. Five-week-old female ob/ob mice (C57BL/6J background) were purchased from Harlan Laboratories (Barcelona, Spain) and lean 77 78 female of matched age were used as controls. In electrophysiological experiments, 79 ob/ob female animals (C57BL/6J background) were purchased from Janvier (Janvier 80 Labs, Le Genest sur l'Isle, France). Animals were housed at 22°C with a light cycle of 12 hours (8:00 am to 8:00 pm) and had free access to water and standard chow. 81 Experiments were performed when animals were 12 weeks old. 82

83 2.2. Plasma measurements and tolerance tests. Glucose and insulin plasma levels were measured by tail bleeding in fed state and during tolerance tests (Gonzalez et al., 84 2013). Plasma glucose was measured with a commercial glucometer (Accu-Chek) and 85 86 plasma insulin by a commercial ELISA kit (Crystal Chemical). For the glucose tolerance test, animals were fasted for 12 hours before an intraperitoneal (i.p.) glucose 87 injection (2g/kg). Plasma glucose was measured at 0, 15, 30, 60, 90, 120 and 180 min 88 and plasma insulin at 0 and 30 min after the glucose challenge. For the insulin tolerance 89 90 test, fed animals were subjected to an i.p. insulin injection (1UI/kg) and then, plasma glucose was measured at 0, 15, 30, 45 y 60 min. The HOMA-IR was also calculated as 91 92 an indicator of insulin resistance: [fasted plasma glucose (mg/dL) * fasted plasma insulin (mU/L)] / 405 (Tripathy et al., 2010; Solomon et al., 2014). 93

94 2.3. Islet isolation and cell culture. Mice were sacrificed at the age of 12 weeks by
95 cervical dislocation. Islets were isolated by collagenase digestion as previously
96 described (Gonzalez et al., 2013). In some experiments, islets were subjected to trypsin
97 digestion to obtain isolated cells, and then cultured overnight at 37°C in RPMI 1640

98 (Sigma, Madrid, Spain) supplemented with 10% fetal bovine serum, 100 IU/mL
99 penicillin, 0.1 mg/mL streptomycin and 11mM D-glucose (Quesada et al., 2000).

Patch-clamp recordings. Electrophysiological measurements were performed 100 2.4. from superficial β-cells in intact islets using an EPC-10 USB patch-clamp amplifier and 101 102 the Patch Master Software suite (HEKA Elektronic, Lambrecht/Pfatz, Germany). Intact 103 islets were hold by gentle suction applied to the interior of a wide-bore holding pipette as previously reported (Göpel et al., 1999). The perforated-patch configuration was used 104 105 for the membrane potential recordings (Gonzalez et al., 2013). The pipette solution contained (in mM): 76 K₂SO₄, 10 NaCl, 10 KCl, 1 MgCl₂, 5 HEPES (pH=7.35 with 106 KOH), and 0.24 mg/mL of the pore-forming antibiotic amphotericin B; the bath 107 solution contained (in mM): 140 NaCl, 3.6 KCl, 1.5 CaCl₂, 5 NaHCO₃, 0.5 MgSO₄, 0.5 108 109 NaH₂PO₄, 10 HEPES (pH=7.4 with NaOH) and D-glucose as indicated. Exocytosis was 110 monitored using the standard whole-cell configuration and recording cell capacitance changes through the sine +DC mode of the Lock-In amplifier included in the Patch 111 112 Master software (Gonzalez et al., 2013). For these experiments, the pipette solution 113 contained (in mM): 140 CsCl, 10 NaCl, 1 MgCl₂, 0.05 EGTA, 3 Mg-ATP, 0.1 cAMP and 5 HEPES (pH=7.2 with CsOH), whereas the bath solution contained (in mM): 118 114 NaCl, 5.6 KCl, 20 tetraethylammonium-Cl, 1.2 MgCl₂, 5 CaCl₂, 5 HEPES and 5 D-115 116 glucose (pH=7.4 with NaOH). Only experiments with stable and low access resistance and small leak currents were used. The seal resistance was typically >3 M Ω . All 117 experiments were carried out at physiological temperature (34-36°C). β-cells were 118 119 functionally identified by the ability to generate the characteristic oscillatory electrical activity in the presence of glucose and steady-state inactivation of Na⁺ currents (Göpel 120 121 et al., 1999; Göpel et al., 2000; Gonzalez et al. 2013).

Intracellular Ca²⁺, NAD(P)H and mitochondrial membrane potential 2.5. 122 measurements. Isolated islets were allowed to recover in the isolation medium for at 123 least 2 hours at 37°C and 5% CO₂ before experiments. For intracellular calcium 124 $([Ca^{2+}]_i)$ recordings, islets were incubated for 1h at room temperature with 2µM fura-2 125 (for conventional fluorescence microscopy) or fluo-4 (for confocal microscopy). For 126 intact islet Ca²⁺ signaling, recordings were performed under an inverted epifluorescence 127 microscope (Axiovert 200; Zeiss, Jena, Germany) equipped with 360 and 380nm band-128 129 pass filters. Recordings were expressed as the ratio of fluorescence at 360 and 380 (F360/380). Images were taken every 3 seconds. Intracellular $[Ca^{2+}]$ changes in 130 response to stimuli were analyzed as previously described (Rafacho et al., 2010). For 131 transient changes in $[Ca^{2+}]_i$, the basal fluorescence (F₀) was subtracted to the maximal 132 fluorescence and expressed as ΔF (F-F₀). Additionally, as a measure of global $[Ca^{2+}]_i$ 133 increase, the area under the curve (AUC) was calculated on the last five minutes of each 134 glucose stimulus. Changes in NAD(P)H autofluorescence and mitochondrial membrane 135 potential $(\Delta \Psi_m)$ were monitored with the above-mentioned imaging system (Rafacho et 136 137 al., 2010). For NAD(P)H autofluorescence, a 365nm band-pass filter was used, and emission was filtered at 445±25 nm. Images were acquired every 60 seconds. For 138 measurement of NAD(P)H in isolated cells, cells were cultured overnight in RPMI 139 1640. Recordings were plotted as the increase of fluorescence referred to the 140 fluorescence in the basal condition. $\Delta\Psi_m$ was measured after loading fresh isolated 141 142 islets for 10 minutes with 10µM rhodamine-123 (Rhod-123). Images were taken every 30 seconds using conventional fluorescein filters. Recordings were plotted as the 143 decrease of fluorescence relative to the fluorescence in the basal condition. For the 144 analysis of β -cell synchrony, whole islets were used to monitor changes in $[Ca^{2+}]_i$ 145

within individual cells using a confocal microscope (Zeiss LSM510 laser), as previously
reported (Gonzalez et al., 2013; Quesada et al., 2006).

Insulin secretion and content. Isolated islets recovered in the isolation medium 148 2.6. 149 for 2h in the incubator (37°C; 5% CO₂). After recovery, batches of 5 islets were 150 exposed to the different glucose stimuli and allowed to secrete for 1h at 37°C (solution composition in mM: 140 NaCl, 4.5 KCl, 2.5 CaCl₂, 1 MgCl₂, 20 HEPES, pH=7.4). The 151 totality of the secretion volume (500µL) was collected and then measured by RIA, in 152 153 duplicate, using a Coat-a-Count kit (Siemens, Los Angeles, California). The groups of 5 islets were transferred to an ethanol/HCl buffer to promote cell lysis. After overnight 154 155 incubation at 4°C, the supernatant was used to quantify insulin content by RIA and total protein by the Bradford method. Insulin secretion was expressed normalized either by 156 insulin content or total protein, as previously shown (Gonzalez et al., 2013). 157

158 2.7. Quantitative real-time PCR. Total RNA from islets of Langerhans was isolated using the RNeasy Plus Mini Kit (Qiagen) and the RNA concentration was determined 159 160 by spectrophotometry (NanoDrop 2000, Thermo Scientific). cDNA was synthesized 161 from 500ng of total RNA using the High Capacity cDNA Reverse Transcription Kit (Applied Biosystems). Quantitative PCR reactions were performed using the CFX96 162 Real Time System (Bio-Rad, Hercules, California). Reactions were carried out in a final 163 164 volume of 10µL, containing 200nM of each primer, 1µL of cDNA and 1X of iO[™] SYBR®Green supermix (Bio-Rad). Samples were subjected to the following thermal 165 cycler conditions: 10min at 95°C, 45 cycles (10s at 95°C, 7s at 60°C, 15s at 72°C) and 166 167 melting curve from 65 to 95°C with a slope of 0.1°C/s. The gene for relative quantification was GAPDH. The resulting values were analyzed with CFX Manager 168 169 version 1.6 (Bio-Rad) and values were expressed as the relative expression respect to control levels $(2^{-\Delta\Delta Ct})$. Primer sequences are described in Supplemental Table 1. 170

2.8. Western blot. Groups of 200-300 islets were subjected to lysis in 20µL of Cell 171 Lysis Buffer (Cell Signaling Technology, Danvers, MA). For SDS gel electrophoresis 172 173 and Western blot analysis, samples were treated with a Laemmli sample buffer containing dithiothreitol. After heating at 95°C for 5 minutes, proteins were separated 174 by electrophoresis in a 4-20% Mini Protean Gel (Bio Rad). Prestained SDS-PAGE 175 standards were included for molecular mass estimation. Transfer to PVDF membranes 176 was performed in a Trans Blot Turbo transfer for 7 minutes in 25V, with TRIS/Glycine 177 178 buffer (Bio Rad). After membranes were blocked with 5% non-fat dry milk buffer, they were incubated with a polyclonal antibody against Connexin36 (1:1000; Invitrogen) or 179 β-Tubulin (1:1000; Cell Signaling). Visualization of specific protein bands was 180 performed by incubating the membranes with appropriate secondary antibodies. Protein 181 bands were revealed by using the Chemi Doc MP System (Bio Rad). The band 182 183 intensities were quantified with the Image Lab Lale 4.1 TM Software (Bio Rad).

2.9. Measurement of islet size. The pancreas was extracted and fixed in 4% paraformaldehyde. The tissue was then processed and embedded in paraffin and sections were prepared. Staining was performed as previously described (Gonzalez et al., 2013). The area of pancreatic islets was analyzed using the Metamorph Software (Molecular Devices, Sunnyvale, CA).

2.10. Data analysis. Data are shown as mean \pm SE unless otherwise stated. Statistical comparisons between groups were performed using the unpaired Student's *t*-test, with Welch's correction when mandatory. Differences were considered significant when p < 0.05.

193 **3. Results.**

194 3.1. Metabolic features in ob/ob mice related with glucose homeostasis. Twelveweek old ob/ob mice displayed an increased body weight that was twice that of age-195 196 matched CTL (controls; Fig. 1A) (40.82 \pm 0.43 g vs 20.77 \pm 0.15 g, respectively). Obese mice exhibited increased plasma glucose concentrations in the fed state (Fig. 1B), 197 despite the high levels of fed plasma insulin compared with controls (Fig. 1C). 198 Additionally, ob/ob mice were insulin resistant (Fig. 1D; Supplemental Fig. 1) and 199 200 glucose intolerant (Fig. 1E). The glucose tolerance test (Fig. 1E, F) showed that fasting plasma glucose tended to be higher in ob/ob mice (although not statistically significant), 201 202 and that these obese animals displayed glucose intolerance, as evidenced by the high plasma glucose levels maintained over the 3 hours subsequent to the glucose challenge. 203 In the control group, plasma glucose clearance reached basal levels after 90-120 min, 204 205 whereas in the obese group plasma glucose remained elevated even after 180 min. 206 Finally, after an i.p. glucose load, plasma insulin levels were found higher at 0 and 30 207 min in *ob/ob* mice (Fig. 1G, H). Altogether, these results indicate that, although *ob/ob* 208 mice exhibit higher insulin responses to glucose changes, this adaptation would not fully compensate the requirements imposed by insulin resistance to maintain 209 normoglycemia. Thus, since ob/ob mice represent a good model to study this 210 211 prediabetic state characterized by insulin resistance and glucose intolerance, we aimed to study the different steps involved in GSIS. 212

3.2. Enhanced mitochondrial function in *ob/ob* islets. Glucose metabolism yields
redox power by means of nicotinamide adenine dinucleotide (NADH) and flavin
adenine dinucleotide (FADH₂) production (Quesada et al., 2006). This reducing power,
mainly produced by the tricarboxylic acid cycle in the mitochondria, is used as a source
for electron transfer in the oxidative phosphorylation required to produce ATP (Quesada

et al., 2006; Rafacho et al., 2010). In an attempt to monitor changes in the mitochondrial 218 219 redox state induced by glucose metabolism, we performed NAD(P)H autofluorescence experiments in CTL and ob/ob intact islets. As shown in Figure 2A, increasing glucose 220 221 concentrations produced gradual increments in NAD(P)H fluorescence in both groups. Interestingly, *ob/ob* islets showed an enhanced NAD(P)H production at each glucose 222 concentration tested (Fig. 2B). When the data was normalized to calculate the glucose 223 concentration required to reach the half maximal fluorescence, we found that the 224 225 glucose dose-response curve was shifted to lower glucose concentrations in *ob/ob* islets (CTL: 8.77mM G; ob/ob: 6.77mM G) (Fig. 2C). To further confirm the increased 226 mitochondrial activity in islets from obese mice, we monitored changes in the 227 mitochondrial membrane potential (ψ_m) , as this parameter depends on glucose 228 metabolism. Increasing glucose concentrations lead to ψ_m hyperpolarization (Rafacho et 229 230 al., 2010). To monitor ψ_m , we loaded islets with the lipophylic fluorescent dye rhodamine-123 (Rhod-123), which intercalates into the mitochondrial membranes in a 231 232 potential-dependent manner. Figure 2D shows the typical gradual decrease in Rhod-123 233 fluorescence, when glucose concentrations were stepwise increased. In agreement with the results obtained with NAD(P)H fluorescence, *ob/ob* islets exhibited a higher ψ_m 234 hyperpolarization at all the glucose concentrations (Fig. 2D and E). When Rhod-123 235 236 fluorescence was normalized in both groups to obtain the glucose concentration associated to the half maximal fluorescence, we did not get differences between both 237 groups (Fig. 2F). This might probably due to the lower sensitivity of this experiment to 238 239 produce glucose-mediated fluorescence compared with the NAD(P)H assays (Fig. 2A, D). Consistent with the rest of results, we also found enhanced NAD(P)H production in 240 241 isolated β -cells from *ob/ob* mice (Fig. 2G, H). This improved glucose-induced mitochondrial response in *ob/ob* islets might not be associated with up-regulation of 242

early metabolic steps, since we found decreased glucose transporter-2 expression in *ob/ob* islets (~68% decrease vs CTL) and comparable levels of glucokinase gene
expression in both groups (Supplemental Fig. 2).

246 3.3. Obese mice display several alterations in the membrane potential of β -cells. 247 The following experiments were performed using perforated-patch recordings in β -cells 248 within intact islets to preserve the cell-to-cell environment, which is more similar to the physiological scenario (Göpel et al., 1999; Göpel et al., 2000; Göpel et al., 2004). 249 Compared with the characteristic membrane potential oscillations in response to 11 mM 250 251 glucose in controls (Fig. 3A), $ob/ob \beta$ -cells displayed a different profile (Fig. 3B). In 252 ob/ob, the firing frequency of the action potentials was slightly increased (Fig. 3C), in 253 combination with a much longer duration of the burst (Fig. 3D) and longer silent phases between bursts (Fig. 3E). Interestingly, a more detailed analysis of the membrane 254 255 potential recordings (Fig. 3F,G) showed that the burst was initiated at less negative 256 potentials in β -cells from obese mice (CTL, -71.7 ± 1.9 mV; *ob/ob*, -57.2 ± 2.7 mV) (Fig. 3H). Furthermore, the action potentials of $ob/ob \beta$ -cells started at a more 257 depolarized potential (CTL, -47.5 ± 2.2 mV; *ob/ob*, -39.8 ± 1.8 mV) (Fig. 3I) and peaks 258 259 reached less negative potentials (CTL, $-24,1 \pm 2,9$ mV; *ob/ob*, $-12,1 \pm 2,2$ mV) (Fig. 3J). As we will discuss later, this different electrical activity in *ob/ob* mice, particularly the 260 higher frequency and burst duration, should have an impact on Ca²⁺ signaling, since 261 action potentials in mouse β -cells are mainly mediated by Ca²⁺ channels (Göpel et al., 262 263 1999; Rorsman and Braun, 2013).

3.4. Islets from obese mice exhibit enhanced glucose-induced Ca^{2+} signals. Ca^{2+} signaling plays a key role in coupling glucose metabolism and insulin release. As a next step in the β -cell stimulus-secretion process, we analyzed intracellular Ca^{2+} signals in whole islets, as previously described (Rafacho et al., 2010; Gonzalez et al., 2013).

While ob/ob islets displayed an enlarged Ca²⁺ signal in response to 5.6 and 8 mM 268 glucose compared with controls, no differences were found at 16 mM, when the AUC 269 was calculated as a measure of the global Ca^{2+} entry (Fig. 4A-C). This analysis 270 evidenced that the Ca^{2+} signal in *ob/ob* islets at 5.6 mM glucose was of the same 271 272 magnitude than that of CTL islets at 8mM glucose. A similar equivalence was observed between the intracellular Ca^{2+} in *ob/ob* islets at 8mM glucose and CTL islets at 16mM 273 glucose (Fig. 4C). When we analyzed the fluorescence increase (ΔF) of the first Ca²⁺ 274 275 transient at each glucose stimulus, differences were only found at 5.6mM glucose (Fig. 4D). This was related to the fact that the totality of ob/ob islets displayed Ca²⁺ signaling 276 at this glucose concentration, whereas in most of the CTL islets any Ca²⁺ entry was 277 detected (Fig. 4E). The oscillatory pattern was also modified in islets from obese mice. 278 While CTL islets showed the characteristic pattern with oscillations of high frequency 279 after the first transient at 8mM glucose, ob/ob islets showed lower frequency Ca²⁺ 280 signals (Fig. 4F). We next analyzed the response to a stimulus independent of 281 metabolism. Exposure to 75mM KCl led to a depolarization-induced Ca²⁺ transient (Fig. 282 283 4G). The amplitude of this transient was not different between both groups (Fig. 4H), suggesting that increased Ca²⁺ signaling in obese mice were due to changes in glucose 284 285 metabolism. The non-glucidic fuel alpha-ketoisocaproate (KIC) has been shown to produce Ca²⁺ oscillations in pancreatic islets (Martin et al., 1995). KIC also led to 286 enhanced Ca²⁺ signaling in islets from obese mice compared with lean controls 287 (Supplemental Fig. 3), further suggesting that metabolism is particularly affected in 288 ob/ob animals. In summary, glucose-regulated Ca²⁺ signaling in *ob/ob* islets was mainly 289 characterized by higher magnitude and higher sensitivity to glucose compared with 290 291 controls.

3.5. Insulin secretion and exocytosis are increased in *ob/ob* pancreatic islets. Insulin 292 gene expression (Fig. 5A) as well as insulin content (Fig. 5B) were found to be 293 increased in *ob/ob* islets as compared to CTL. As previously documented (Black et al., 294 295 1986; Fournier et al., 1990), we observed that insulin secretion was enhanced in islets 296 from obese mice (Supplemental Fig. 4). Since it has been reported that the exocytotic process measured in isolated β-cells largely differs from that measured in islets (Göpel 297 et al., 2004), we studied exocytosis in β -cells within the pancreatic islets, which better 298 299 resembles the physiological cell-to-cell interactions. When we analyzed capacitance changes in response to depolarization pulses, we found that exocytosis in *ob/ob* β -cells 300 301 was higher than in CTL cells (Fig. 5C, D), indicating that enhanced insulin secretion in 302 intact islets is also due to augmented exocytosis at the single cell level.

3.6. β -cell coupling is altered in the islets of obese mice. Analysis of intracellular Ca²⁺ 303 304 signals in individual β -cells within the pancreatic islets, as reported previously 305 (Gonzalez et al. 2013), showed that cell-to-cell coupling was reduced in *ob/ob* β -cells compared with controls (Fig. 6A, B). When the lag time was calculated between the 306 first and the last beta-cell responding with a Ca²⁺ increase to 11 mM glucose within a 307 308 single islet, we observed that the average time was 58.04 ± 9.14 seconds in *ob/ob* islets and 4.68 ± 1.34 seconds in CTL islets (Fig. 6C), indicating a lower synchrony in the 309 310 former group. While *connexin36* mRNA levels were similar in both groups, the protein content was significantly reduced in *ob/ob* islets (Supplemental Fig. 5). Gap junctions in 311 the mouse β -cell are mainly composed by Cx36. Additionally, we found that *ob/ob* β -312 cells responded 1.35 ± 0.15 min faster to 11 mM glucose than control cells (Fig.6D), 313 314 which is consistent with the higher glucose sensitivity observed in the previous experiments (Fig. 2,4). 315

During obesity, the endocrine pancreas undergoes several adaptations to 318 319 compensate for the insulin resistance characteristic of this state. Structural adaptations, 320 by means of an increment in the β -cell mass, have been extensively reviewed in both 321 animals and humans (Butler et al., 2003; Sachdeva et al., 2009; Seino et al., 2011; 322 Saisho et al. 2013). In agreement with previous reports in ob/ob mice (Bock et al., 323 2003), we also found increased islet size (Supplemental Fig. 6). However, less is known about the β-cell functional adaptations (Kahn et al., 2006; Kargar and Ktorza, 2008; 324 325 Seino et al., 2011). We have previously demonstrated in a model of high fat diet-326 induced obesity that pancreatic β -cells exhibit an improved function in several events 327 involved in GSIS (Gonzalez et al., 2013). These adaptations allowed for a compensation of insulin resistance, preserving normoglycemia and glucose tolerance in this model. It 328 329 has been proposed that, in the progression from this normoglycemic state to overt 330 diabetes in obese subjects, compensatory adaptations become insufficient to counteract insulin resistance, leading to an intermediate state characterized by hyperinsulinemia, 331 332 moderate hyperglycemia and glucose intolerance (Weir and Bonner-Weir, 2004). However, there is no information about this prediabetic condition at the functional level. 333 In the present study, we have taken advantage of the ob/ob mouse metabolic 334 335 characteristics, which resemble this prediabetic state, to explore the β -cell function. At the age of 12 weeks, *ob/ob* mice exhibited glucose intolerance and insulin resistance, in 336 337 agreement with previous publications (Saleh et al., 2006). Despite the high circulating 338 insulin levels, obese mice were only able to maintain plasma glucose levels within the 339 normoglycemic range in the fasted state but not during fed conditions or during an i.p. glucose challenge (Fig. 1). Although the hyperinsulinemic characteristic of *ob/ob* mice 340 341 has been related with morphological adaptations (Tomita et al., 1992; Baetens et al.,

1978; Gepts et al., 1960), increased GSIS has been also observed in isolated ob/ob islets
(Black et al., 1986; Fournier et al., 1990. Saleh et al., 2006). In the present work, we
focused on the involvement of the different functional steps participating in GSIS.

In β -cells, most of the NAD(P)H synthesis derived from glucose metabolism 345 takes place in the mitochondria (Patterson et al., 2000). We showed here an enhanced 346 347 NAD(P)H production and glucose sensitivity in islets of obese mice (Fig. 2). This effect 348 was also observed in individual β -cells, which supports that the enhanced NAD(P)H signal found in intact islets would not be due to increased β -cell number but a 349 350 consequence of metabolic adaptations in individual β -cells. Additionally, *ob/ob* islets displayed higher glucose-induced ψ_m hyperpolarization, further supporting an enhanced 351 352 β-cell mitochondrial performance in obese mice. All these findings are in agreement with previous reports showing similar metabolic responses in a rat model of insulin 353 354 resistance (Rafacho et al., 2010). Since enhanced NAD(P)H production and Ψ_m hyperpolarization should be coupled to increased ATP synthesis (Quesada et al., 2006), 355 356 the mitochondrial responses in *ob/ob* islets and their higher glucose sensitivity may explain the electrical activity at lower glucose levels compared with controls (Fig. 3). 357 Likewise, since β -cell Ca²⁺ signaling is mediated by electrical activity, the intracellular 358 Ca^{2+} entry observed at 5.6 mM glucose in *ob/ob* islets (Fig. 4) would be also associated 359 with the improved mitochondrial activity. In addition to electrical and Ca^{2+} signaling 360 361 effects, it has been shown that ATP and other glucose-stimulated mitochondrial factors 362 like glutamate and, particularly, NAD(P)H can also exert a positive regulation of exocytosis and secretory granules mobilization (Maechler and Wollheim, 1999; 363 364 Ivarsson et al., 2005; Reinbothe et al., 2009; MacDonald, 2011; Rorsman and Braun, 2013). Thus, all these cellular events are expected to be augmented in *ob/ob* β -cells. 365 Furthermore, we found reduced GLUT2 expression in ob/ob islets, while GcK 366

367 expression was not altered (Supplemental Fig. 2). Despite the decreased *GLUT2* 368 expression, which has also been reported at the protein level in *ob/ob* islets (Jetton et al, 369 2001), glucose metabolism is not necessarily affected by this alteration, since the 370 limiting enzyme in the glycolytic pathway is GcK (Chen et al., 1994). Thus, the 371 enhanced mitochondrial activity shown in *ob/ob* β -cells might result from alterations 372 other than in these proteins.

373 It has been previously reported that glucose usage is mainly glycolytic in the pancreatic beta-cell and that glucose-induced NAD(P)H fluorescence comes 374 375 fundamentally from mitochondria rather than from cytosol in the pancreatic islet 376 (Patterson et al., 2000; Quesada et al., 2006). Thus, this protocol allows for the temporal 377 analysis of mitochondrial activity. Our results indicate a left-shift displacement in the dose-response curve of the glucose-induced NAD(P)H fluorescence (Fig. 2C), 378 379 indicating a higher sensitivity for low and intermediate glucose levels in obese animals, 380 as previously indicated (Chen et al., 1993). A similar finding was found in glucoseinduced Ca²⁺ signals (Fig. 4). The NAD(P)H results are in agreement with previous 381 findings showing increased ATP production at low glucose concentrations in islets of 382 ob/ob mice compared with lean controls, while no significant differences were observed 383 at high glucose levels (Saleh et al., 2006). In this study, it was also reported that ob/ob 384 islets express more uncoupling protein-2 (UCP2) than controls, which may contribute to 385 GSIS impairment (Saleh et al., 2006). Given that UCP2 activation is associated with Ψ_m 386 dissipation (Fink et al., 2002), our experiments (Fig. 2D-F) argue against a negative 387 impact of this protein on beta-cell Ψ_m in ob/ob mice. 388

 β -cells from *ob/ob* mice display an electrical activity pattern that differs from that of controls, as it has been previously reported (Rosario et al., 1985). Among other features, this electrical pattern is characterized by a higher sensitivity to low glucose

concentrations. This hyper-excitability has been related to altered K^+ permeabilities 392 393 (Fournier et al., 1990; Rosario, 1985). These observations would be in accordance with the lower density of K_{ATP} channels in the membrane of β -cells from *ob/ob* mice (Park et 394 al., 2013). Alternatively, here we show that the improved glucose-induced electrical 395 396 activity in *ob/ob* islets may be also explained by their enhanced mitochondrial activity at lower glucose concentrations (Fig. 2), in agreement with previous works (Saleh et al., 397 2006). Additionally, in line with other studies (Rosario et al., 1985), the firing 398 399 frequency and the duration of the electrical activity bursts were increased in obese mice (Fig. 3). Both characteristics would be associated with the higher Ca^{2+} signals observed 400 in *ob/ob* islets (Fig. 4), given that action potentials in mouse β -cells result from Ca²⁺ 401 channel activity, which lead to Ca²⁺ entry (MacDonald, 2011). Moreover, the burst and 402 action potential baseline were slightly depolarized compared with controls (Fig. 4), 403 which may suggest an altered activity of Ca²⁺-activated K⁺ channels, as previously 404 indicated (Rosario et al., 1985; Rosario, 1985; Black et al., 1988). It has been reported 405 that higher action potentials may be associated to increased inward Ca²⁺ currents due to 406 the voltage-dependence characteristics of Ca²⁺ channels (Gonzalez et al., 2013; 407 408 Houamed et al., 2010; Jacobson et al., 2010). Thus, it is possible that the higher peak level of the ob/ob action potentials (Fig. 3J) may also contribute to the increased Ca²⁺ 409 410 signals shown here (Fig. 4).

411 Ca²⁺ signals in response to 5.6 and 8mM glucose were enhanced in islets from 412 *ob/ob* mice (Fig. 4). Other studies have not reported differences, probably because 413 *ob/ob* islets were stimulated by glucose concentrations (20 mM) at which β -cells were 414 maximally depolarized (Fournier et al., 1993). In contrast to the glucose effects, no 415 differences were found by KCl stimulation, which further supports the idea that 416 increased Ca²⁺ signals in *ob/ob* islets may be mediated by changes in glucose

metabolism or metabolic-related factors (Ivarsson et al., 2005; MacDonald, 2011; 417 Rorsman and Braun, 2013), particularly at low-intermediate glucose levels. The idea 418 419 that metabolism could be affected in ob/ob islets was also supported by the higher response to KIC. As we have mentioned above, the enhanced Ca^{2+} signals would be also 420 421 related to the higher action potential frequency and longer burst duration characteristic of *ob/ob* beta-cells. Additionally, most *ob/ob* islets displayed a different oscillatory 422 423 pattern, characterized by the loss of high frequency oscillations (Fig. 4). This has been 424 attributed to a reduced expression of the TRPM5 channel (Colsoul et al., 2010; Colsoul et al., 2013). Our findings in *TRPM5* gene expression agree with this effect on the Ca^{2+} 425 oscillatory frequency (Supplemental Fig. 2). This channel is a non-selective monovalent 426 cation channel activated by intracellular Ca²⁺ that contributes to membrane 427 depolarization during electrically silent intervals, promoting the initiation of a new burst 428 activity. This would also explain the absence of fast membrane potential oscillations in 429 ob/ob (Fig. 3), as described for Trpm5^{-/-} islets (Colsoul et al., 2010). However, Colsoul 430 et al. found no differences between controls and Trpm5^{-/-} islets in the glucose 431 concentration threshold that trigger $[Ca^{2+}]_i$ oscillations. In *ob/ob* islets, this might be 432 explained by the lower K_{ATP} density in the plasma membrane (Park et al., 2013) and an 433 434 enhanced glucose metabolism, as we showed here.

The increased insulin secretory capacity in *ob/ob* islets has been reported long time ago (Black et al., 1986; Fournier et al., 1990). Our capacitance experiments in intact islets demonstrate that this hypersecretion may be supported by an enhanced exoytotic capacity at the single cell level. Additionally, given that capacitance changes were elicited by depolarization pulses (instead of glucose stimuli), it also indicates that the exocytotic process *per se* is subjected to an adaptive process in *ob/ob* β -cells independent of glucose metabolism that would increase the secretory process. In any

case, since it has been reported that NAD(P)H can directly affect β -cell exocytosis 442 (Ivarsson et al., 2005; Reinbothe et al., 2009), the increased NAD(P)H responses 443 444 reported here might be also involved in the augmented exocytosis in $ob/ob \beta$ -cells. In line with other reports (Saleh et al., 2006), we also observed enhanced insulin secretion 445 at low glucose concentrations in ob/ob islets (Supplemental Fig. 4), although no 446 differences were found in Ca²⁺ levels. This augmented basal secretion may be due to 447 up-regulated constitutive insulin secretion or that beta-cell secretory granules contain 448 449 more insulin compared with controls. However, much research would be necessary to explore these possibilities. It has been proposed that GSIS is modulated by both 450 triggering and metabolic amplifying pathways (Henquin, 2009), that are mainly relayed 451 by Ca²⁺ and metabolic factors, respectively. Although we did not perform specific 452 experiments in the current study to understand the potential contribution of each 453 454 pathway in the augmented GSIS in ob/ob islets, several findings such as the elevated Ca²⁺ levels and mitochondrial function suggest that both pathways might be involved. 455

Cell-to-cell coupling among β -cells allows electrical and Ca²⁺ signaling 456 457 synchrony within the islet (Nadal et al., 1999; Quesada et al., 2006). This coupling is 458 necessary to maintain a proper insulin secretion and alterations in this coordination are detrimental for this process (Vozzi et al., 1995; Charollais et al., 2000). We observed 459 decreased Ca^{2+} signal coupling among β -cells of *ob/ob* islets in agreement with previous 460 461 studies (Ravier et al., 2002). Connexin36, which is the main connexin type expressed in 462 mouse islets, was reduced at the protein level in ob/ob islets compared with controls. Thus, this protein reduction may contribute to the deficient coupling observed in obese 463 islets. Additionally, given that electrical and Ca^{2+} signal transmission within the islet 464 decay with the intercellular distance (Andreu et al., 1997; Quesada et al., 2003), it is 465 plausible that the decreased coupling in *ob/ob* islets are also associated with their larger 466

size compared with controls (Gepts et al., 1960; Baetens et al., 1978; Tomita et al., 1992), as it has been previously suggested (Ravier et al., 2002). This possibility would require further investigation. Thus, among the different events studied in the present work, Ca²⁺ signal coupling was the only one to be decreased. Since we have previously observed normal coupling in islets of obese normoglycemic mice (Gonzalez et al., 2013), it is tempting to speculate that this could be an early defect in the prediabetic state that takes place in the progression to diabetes in obese individuals.

In summary, while the islet compensatory response to obesity and insulin 474 475 resistant states has been mainly related to morphological changes, here we show that β -476 cell functional adaptations have also a key role in this process. Additionally, we also 477 demonstrated that almost all the events implicated in GSIS are augmented in magnitude and/or glucose sensitivity, indicating a significant plasticity in β-cell function in non-478 479 physiological and pathological conditions. Finally, we also detected a lack of β -cell 480 coordination in obese prediabetic mice that could be an early manifestation of functional 481 defects that lead to GSIS failure and diabetes. All these adaptations may offer a broad spectrum of possibilities for the design of therapeutic approaches that may slow down 482 the progression to diabetic states in obese individuals. 483

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472	Disclosure Summary.	The autions	nave nouning	to disclose.

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679

680 FIGURE LEGENDS.

Figure 1. Metabolic features in control and ob/ob mice. A, Body weight (n=35 and 681 682 n=28 for control and *ob/ob* mice, respectively). B, Plasma glucose in the fed state in CTL (n=26) and *ob/ob* mice (n=23). C, Plasma insulin in the fed state in CTL (n=13) 683 684 and *ob/ob* mice (n=11). D, Insulin resistance calculated by HOMA-IR in CTL (n=8) and ob/ob mice (n=6). E, Glucose tolerance test (n=8 for CTL and n=7 for ob/ob mice). F, 685 Area under the curve from experiment in E. G and H, Plasma glucose (G) and insulin 686 (H) measured in CTL (n=8) and *ob/ob* (n=6) just before an i.p. glucose load and 30 min 687 after. Statistical significance is indicated: *, $p \le 0.05$; **, $p \le 0.01$; ***, $p \le 0.001$; ns, non-688 significant. 689

690 Figure 2. NAD(P)H generation and mitochondrial membrane potential $(\Delta \psi_m)$ 691 changes in intact control and *ob/ob* islets. A, Changes in NAD(P)H autofluorescence 692 at increasing glucose concentrations (percentage referred to the signal in the basal condition: 0.5mM glucose). The trace represents the average of 6 different experiments 693 694 per group. B, The graph represents the mean \pm SEM of the maximal NAD(P)H 695 autofluorescence values at the end of each glucose stimulus shown in A. C. Mean \pm 696 SEM of the maximal NAD(P)H autofluorescence values at each glucose concentration, normalized in each group from 0 to 100%. The value of the glucose concentration to 697 698 reach half the maximal fluorescence in each group is indicated in the graph. D, Changes 699 in Rhod123 fluorescence at increasing glucose concentrations. The trace represents the average of 8 and 9 different experiments in CTL and ob/ob, respectively. E, Mean \pm 700 SEM of the minimal Rhod123 fluorescence values at the end of each glucose stimulus. 701 702 F, Mean ± SEM of the minimal Rhod123 fluorescence values at each glucose concentration, normalized in each group from 0 to 100%. G, Changes in NAD(P)H 703 704 autofluorescence at increasing glucose concentrations in CTL (n=20) and ob/ob (n=66) isolated cells. H, Mean \pm SEM of the maximal NAD(P)H autofluorescence values at the end of each glucose stimulus from experiment in G. Statistical significance is indicated: *, p ≤ 0.05 ; **, p ≤ 0.01 ; ***, p ≤ 0.001 ; ns, non-significant.

Figure 3. Electrical activity in control and $ob/ob \beta$ -cells. A and B, Representative 708 709 examples of membrane potential changes in response to 11mM glucose in CTL (A; 710 n=6) and ob/ob (B; n=6) β -cells. Recordings were performed in beta-cells within intact 711 islets. C, D and E, Firing frequency (C), burst duration (D) and interburst duration (E) 712 from experiments shown in A and B. F and G, Detail of figures A and B, respectively, 713 at expanded temporal scale. H, I, J, Burst baseline (H), action potential baseline (I) and 714 mean peak voltage of the action potentials (J) from recordings shown in F and G (n=5 for CTL and n=6 for ob/ob). Statistical significance is indicated: *, p≤0.05; **, p≤0.01. 715

Figure 4. Glucose-induced Ca^{2+} signaling in β -cells of control and *ob/ob* mice. A, 716 Representative intracellular Ca^{2+} signals measured in intact CTL (n=8) and *ob/ob* (n=6) 717 islets by fluorescence microscopy and fura-2 in response to 8mM and 16mM glucose. 718 B, Representative intracellular Ca²⁺ signals measured in intact CTL (n=9) and *ob/ob* 719 720 (n=8) islets in response to 5.6mM and 8mM glucose. C, Analysis of the area under the curve on the last five minutes of each glucose stimulus from experiments shown in A 721 and B. D. Analysis of the fluorescence increase (ΔF) of the first Ca²⁺ transient in 722 response to each glucose challenge from experiments shown in A and B. E, Percentage 723 of responsive islets to 5.6mM glucose (n=9 for CTL; n=8 for *ob/ob*). All the islets from 724 both groups responded to 8 and 16mM glucose. F, Oscillations per minute in CTL and 725 ob/ob islets at 8 and 16mM glucose. G, Representative intracellular Ca²⁺ signals in 726 727 response to depolarization induced by a short pulse of KCl (75mM; n=10 for CTL; n=6 for ob/ob). H, Analysis of the fluorescence increases (ΔF) shown in G. Statistical 728 significance is indicated: *, $p \le 0.05$; **, $p \le 0.01$; ***, $p \le 0.001$; ns, non-significant. 729

Figure 5. Insulin secretion and exocytosis. A, Insulin gene expression in islets from 730 CTL and *ob/ob* (n=5). B, Insulin content normalized to total protein in CTL (n=16) and 731 ob/ob (n=15) islets. C, Representative capacitance responses to ten 500-millisecond 732 depolarizing pulses (from -70 to 0 mV) in CTL and $ob/ob \beta$ -cells. Recordings were 733 performed in beta-cells within intact islets. D, Membrane capacitance at the end of the 734 depolarizing protocol normalized by cell size (n=10 for CTL; n=45 for ob/ob). 735 Statistical significance is indicated: *, $p \le 0.05$; **, $p \le 0.01$; ***, $p \le 0.001$; ns, non-736 737 significant.

Figure 6. β -cell coupling in *ob/ob* islets. A and B, Representative Ca²⁺ signals in 738 several individual β -cells within a CTL (A) or an ob/ob islet (B). C, Mean time delay 739 740 between the first cell that responds to 11 mM glucose and the rest of β -cells within an islet was calculated to measure the degree of Ca^{2+} signaling synchrony. In each 741 experimental group, the time at which the first cell responded to high glucose was set as 742 743 t=0, and then, the delay of the response of the rest of cells of the same islet was determined. D, Temporal delays in the β -cell Ca²⁺ response to glucose. The mean time 744 of the response to 11 mM glucose in CTL \beta-cells was set as t=0, and then, the 745 746 anticipation or delay of the response of ob/ob \beta-cells was calculated. Statistical 747 significance is indicated: ***, p≤0.001.

















- - Supplemental Table 1: Sequences of the primer-pairs used for gene expression
- 3 analysis.

	Forward 5'-3'	Reverse 5'-3'
GAPDH	CCTGCACCACCAACTGCTTAG	GCCCCACGGCCATCACGCCA
Insulin	AGCAGGAAGGTTATTGTTTC	ACATGGGTGTGTAGAAGAAG
GLUT2	GGAAGAGGCATCGACTGAGCAG	GCCTTCTCCACAAGCAGCACAG
Glucokinase	GAAGCACACTCAGGTCTTGCTC	AAAACAGCCAGGTCTGGGCAGC
Connexin36	ACCATCTTGGAGAGGCTGCTGGA	ATCTTCTCGTTTGCTCCCTCCGC
TRPM5	CAAATCCCTCTGGATGAAATTGATG	CCAGCCAGTTGGCATAGA



Supplemental Figure 1. Insulin sensitivity. A, Insulin tolerance test in CTL and *ob/ob* mice (n=8 for each group). B, Plasma glucose values during an insulin tolerance test, expressed as the percentage of change of the initial value. C and D, area under the curve of A and B, respectively. E, Plasma glucose before the insulin injection. Statistical significance is indicated: **, $p \le 0.01$; ***, $p \le 0.001$;

Supplemental Figure 2.



Supplemental Figure 2. Gene expression analysis by qPCR. Relative gene expression of GLUT2 (A), Glucokinase (B) and TRPM5 (C) in islets from CTL and *ob/ob* mice (n=5 for each group). Statistical significance is indicated: **, $p \le 0.01$



Supplemental Figure 3. Ca^{2+} signaling induced by the non-glucidic fuel α -ketoisocaproate (KIC). A, Representative intracellular Ca^{2+} signals measured in intact CTL and *ob/ob* islets in response to 5 mM KIC (n=6 for each group). B, Area under the curve on the last five minutes of the KIC stimulus from experiment in A. Statistical significance is indicated: *, p≤0.05.

Supplemental Figure 4.



Supplemental Figure 4. *Ex vivo* insulin secretion from CTL and *ob/ob* islets. Insulin secretion (A), insulin content (B) and insulin secretion normalized by insulin content (C) in islets from CTL and ob/ob mice (n=8 for each group). Statistical significance is indicated: *, $p \le 0.05$; **, $p \le 0.01$; ***, $p \le 0.001$; ns, non-significant.



Supplemental Figure 5. Connexin36 expression. A, Connexin36 gene expression in islets of CTL and *ob/ob* mice (n=5 for each group). B, Connexin36 protein expression in islets of CTL (n=4) and *ob/ob* (n=3) mice. C, Representative blots from B. Statistical significance is indicated: *, $p \le 0.05$.

Supplemental Figure 6.



Supplemental Figure 6. Islet size. Thus graph shows the average islet size for CTL (n=316 islets) and *ob/ob* (n=454 islets). Statistical significance is indicated: **, $p \le 0.01$